

**Canberra City
Gymnastic
Club
Inc.**



*Annual General
Meeting*

2005

**GYMNAS
TICS**





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Active Australia Provider
CLUB 10 member
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1. **AGENDA**

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3. President's Report

The Club has enjoyed another busy and successful year through all aspects of its operations. As promised, the Management Committee has also focused on the completion of the final stages of our main facility, with the view to introducing new programs in partnership with organisations such as Special Olympics ACT Region. In particular we wish to enhance participation, without jeopardising current programs and gymnasts.

The Club continues to participate in Community events such as the ACT Playgroup Association's "Let's Get Physical" day held recently in Corroboree Park. Our contribution to local events and well-chosen programs like the PCYC Street Smart Handbook ensure the increasing the profile of gymsports as positive sports within the local community. Our own in-house competition/display, the Christmas Cup, is joined by a new event: The Kinder & Gym Challenge, an invitational for the youngest gymnasts in Canberra. We hope these events continue to bring extended families and the community into the gym, while being enjoyable 'staff' days with 'all-hands-on-deck'!

Gymnastic Results

Again, Club gymnasts have enjoyed excellent outcomes in both ACT, interstate and National competitions. All event results are attached.

This year was relatively quiet in regard to travel for senior gymnasts: they attended NSW Championships Trials in February, then Australian Championships in Sydney in May. On the other hand Junior gymnasts traveled to WAG Level 4 to 6 National Club's, held interstate (Caloundra) for the first time in many years.

All our National Womens Artistic Gymnasts (WAG) performed very well at State Championships with juniors winning the runner-up Champion Club trophies at levels 1 to 3. Canberra City went on to win the level 4 to 6 Champion Club trophy with Candice Allan and Emily Glover being ACT level 4 & level 5 Champions respectively. In levels 7 to 10, Melissa Orr, Phillipa Dickens, Lauren Donne and Shana Keighran became the level 7, 8, 9 and 10 State Champions respectively with Anthea Hewett named ACT Gymnast of the Year (2004-2005), an honour received by a Canberra City Club gymnast for many years.

All trialing CCGC gymnasts represented the ACT at Australian Championships. Notable performances were Phillipa Dickens' Silver medal overall at Level 8; Elise Wright's more than credible return to competition after breaking both elbows soon after the 2004 Championships, and Shana Keighran's 6th place overall in the Level 10 competition. The Club's spanking new level 7's also impressed judges with their quality work.

A squad of level 4 & 5 Canberra City gymnasts qualified to compete at the Junior Women's National Clubs, held in Caloundra, QLD in September this year. Canberra City's level 4 team won Bronze on Floor, while our level 5 team, came 4th on Vault & Bars and 5th overall, all outstanding achievements for a small delegation.

Our State Levels' gymnasts happily joined all ACT competitions including the final grading days, with many achieving blue and gold ribbons at levels 1 to 4, while in levels 5 to 10, Canberra City gymnasts regularly placed in the top three.

The entry to ACT MAG State Titles and MAG National Clubs of some of the boys in our fledgling national levels group was a first for the Club and has paved the way for improvements and development of the program.

Another first for the Club was to provide a new (subsidised) competition leotard for the level 1 to 3 gymnasts, finally giving up the idea that aqua lycra and a black stripe would become fashionable again.

Staff

Last report we noted farewelling Ludmila Kostenko. So, it is with pleasure to report welcoming Ludmila back to Canberra City at the start of this year.

A big welcome to 'new' staff for 2005:

Mary Schumacher, experienced gymnast, coach and program developer;

Amber Ashley and Laura Creese, accredited coaches from NSW attending University of Canberra;

Naomi Nye, coach and new Kindergym program coordinator;

Beck Davis, Cheerleading Coach;

Bobo Zhang, acupuncturist and exponent of traditional Chinese medicine. Bobo visits weekly and provides recovery massage/injury intervention to senior gymnasts.

We bid farewell and thank you to:

Rita Wotkina, Ballet coach, following her full-time appointment at the AIS;

Jakki Woywitka, coach, taking up a position at the University of Canberra;

Phil Cossens, physiotherapist, although Phil attends to our gymnasts via Atlas Physio.

The National program and Club ethos continues to be strengthened under Qu Derui's jovial leadership. We are also indeed fortunate to have the ACT senior WAG levels Judge and accredited coach, Connor Carson, continuing to advise the Committee.

The Committee has continued its policy to support personal and professional development for all staff by subsidising course fees and travel as well as holding regular in-Club workshops.

Staffing continues to be problematic on a daily basis and the continuing challenge for the Committee is to balance the very transient nature of the gymnastic coaching scene with appointments of young, committed, professional coaching and administration staff. We hope to address this in the future by utilising Gymnastics Australia's new education and accreditation pathway.

Membership & Advertising. External Programs. New Programs.

Membership numbers have steadied around 800 (from around 650 in 2003) for the whole year including children participating in our Schools program. The enrolment form survey indicates that TV advertising and word-of-mouth are how most members learn of the Club. A project underway is a Kindergym class DVD for background screening during displays, etc. Even so, the Committee has again contributed to worthy published supplements: Capital Parent and PCYC Australia's Kids Smart publication. Of course, the World Gymnastic Championships next month should provide some impetus to gymnsport programs.

External Programs

Canberra City, as a parent organisation, has tried to maintain participation levels at the various campuses (TEAM, RAGE, Majura and Miles Franklin) with varied success. We hope to review how to assist the programs. An exciting new program is the *Adult Cheerleading* currently training at Jamison YMCA and at our Club Tuesday evenings. We look forward to the continued enthusiasm and success of CCGC-MAYHEM.

Many thanks to committee members of the satellite programs

Schools Program

This area of the Club's continues to be a major contributor, not only to our participation numbers (eventually at the Club), but also to the Club's financial well-being. We have two schools where Club coach Geoff Monro, provides gymnastic tuition to all classes: St Mathews, Page and Charnwood Primary.

Education

The Club continues to hold technical and information workshops every term. Club judges have presented sessions at ACT Judge level One and Level Two courses. We will have a judge attending the FIG continental Judges course in Melbourne early next year as an observer; continuing the Club's commitment to providing up-to-date information to our community - in this case regarding the very different Code-of-points, which will operate at Commonwealth Games and to be premiered domestically at National Club Championships.

Building, Infrastructure and Equipment.

The Club has continued its make-over projects as well as providing budgets to coaches for equipment requirements. Kindergym in particular benefited from the purchase of a range of modified equipment. Greatly appreciated was the sealing of our carpark near the end of 2004 (**\$19000**). Members were never so happy to use pay parking!

A small but appreciated project is the gradual re-covering of various mats used by all the gym programs. Another, is the wonderful signage panel now adorning the south roof - thanks to the work of Kerry Glover. The Mural of CCGC gymnasts who have represented Australia and reached Level 10+ at the Club is providing bright internal highlights. Thank you to Brian Hewett for spending many Sundays painting the new walls and Artist member Lucrecia De Silva for painting the mural - a work-in-progress.

Our Change-rooms upgrade, under the auspices of a **Renewing Community Facilities Grant (\$26000)** from the Chief Minister's Department has begun with the installation of new lockers and a skylight. *Tradeworks* will be completing the next phase over the next few weeks.

The major work this year has been the commissioning of building plans to complete Stages 4 & 5 of the Facility as well as developing partnerships and preparing grant applications to fund the project. The well prepared plans made it through development approval by September and the final detailed plans are being completed. Thanks must go to Russell Byrne, Architectural Draughtsman, and Club member Mr Schneider, who acted as Project Surveyer on our behalf.

Financial support has come through our successful **Sports Loan Interest Subsidy Scheme** application to ACT Sport & Recreation. What this means is that the Commonwealth Bank has agreed to lend CCGC **\$450000**, and the SLISS will pay all interest payments over the ten years of the loan (worth around **\$197000**). Our application for a **Capital Assistance Program (CAP)** grant for **\$100000** will be announced on November 12th. We are excited to report that the Club has been invited to this announcement event.

The Committee is pleased to be able to realise more milestone projects and equipment purchases improving the work and training environment for current and hopefully many future members, as well as ACT programs and competitions.

Office & Administration. Communication.

Office Manager Jenny Xian's administration and accounting workload continues to increase. The Committee itself has had to work for smooth transition of a few gymnast transfers. We are hoping to provide an Exit Survey for ACT Clubs, following the success of Staff and Program surveys, developed and disseminated in the Club this year.

Transact Broadband and the networking of the office computers was completed early this year and still to be done is the upgrade of our printer/photocopier (as per small grant, **\$2000**, from Sport & Recreation ACT)

Canberra City's website <http://www.canberracity.org.au/>, continues to draw interest from interstate and overseas - and indication of the marketing value of online information.

Volunteer Efforts. Grants. Awards.

Thanks to the volunteer effort of the Club's members, gymnasts, parents, coaches and judges, we again earned future financial support for the Club's contribution to the hosting of the Reach for the Stars competition in December 2004 as well as \$2000 for a successful MAG National Clubs in July. Sharon Philp's' tea & coffee stall at this event was another success, raising over \$1800 for Club gymnasts travel.

Closer to home, the Committee wishes to formally thank the volunteer efforts of Jane Donne for organising Rosters for both Gym Cleaning and the Saturday morning Sausage Sizzles, as well as all the wonderful parents that turned up (~\$4730 to date). I urge all members to support their efforts. Thanks must also go to Wests Rugby Club, with whom we are affiliated, for supporting the Sausage Sizzles with sausages and bread.

The Club's 2005 application for a Wests grant has not been announced, and we are hoping to receive \$3000. Finally, **congratulations** to Elise Wright recipient of Wests 2005 runner-up Junior Sports Star Award.

Finance

Members may note that much of the discussion above is reflected through the account-lines in our Profit and Loss statement.

Fees have been maintained at a reasonable level, although a small increase may again be necessary later next year and will be discussed at the executive committee level.

On the other side of the ledger.....

Gymnast Scholarships are a pleasure to award and to grumble about! This year Phillipa Dickens received both a fees and travel expense scholarship following her performance at Australian Championships. Emily Glover received an inaugural travel scholarship for a level 4-6 gymnast, following an AA score of 37.00 points at National Clubs.

Staff Wages (and therefore on-costs such as now-9% superannuation, workers compensation, etc.) increased again in 2005, and the Committee will review a further small increase in the near future.

Professional Development, mentioned earlier, has been supported by full reimbursement of two Senior First Aid courses and Judging plus Coaching course fees following successful completion by staff members.

Maintenance and Equipment Purchases are important ongoing aspects of current and future expense for Club safety and success. A major item here will be the **out-fitting** of the new multi-purpose and trampoline facility, once completed. The Club will look into another **grant application opportunity**.

Referring to the financial statements.....

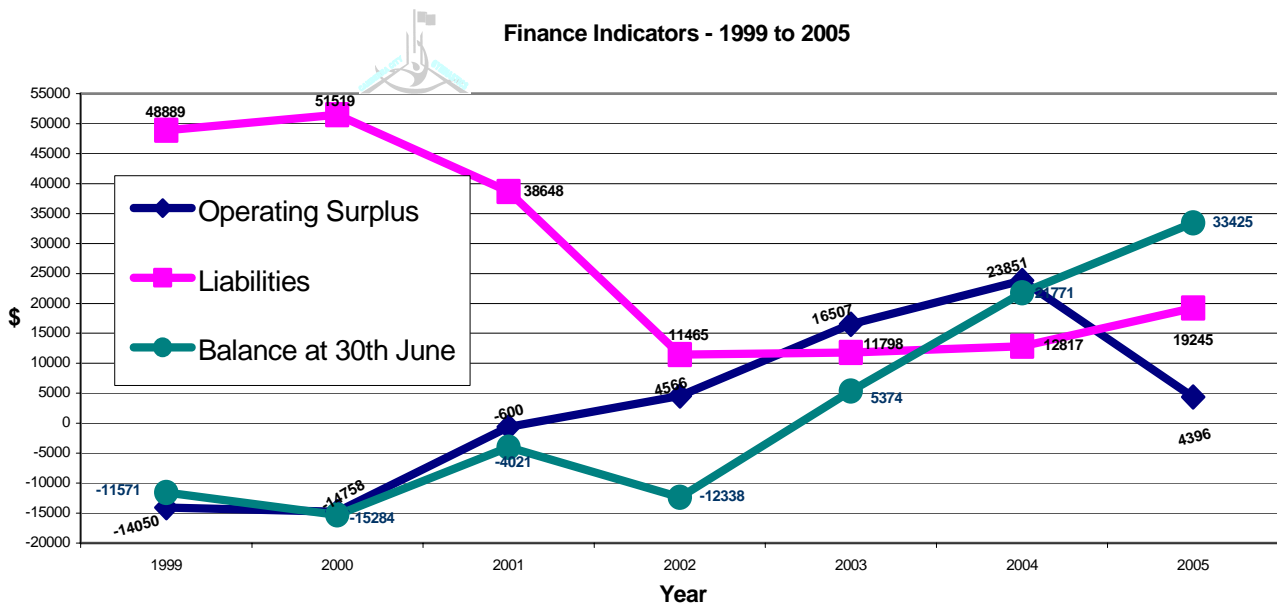
The Club has posted an operating surplus, which has decreased in comparison to 2004. However, this is still a pleasing result considering the major expenses incurred in this financial year: part of the new sprung floor and walls, car park, architectural drawing fees... , as well as the liabilities, which have been accounted for.

It appears we are in credit with the ATO for over payment of GST (\$4342)!

Liabilities as at 30 June 2004 include leave provisions as well as the usual July wages and on-costs. Finally, please note that our grant of \$26000 (\$21000 balance) resides in a separate account, as required by the Department!

Notable Comparisons. Figures as at 30 June Audit reports.

Account	2000 \$	2001 \$	2002 \$	2003 \$	2004 \$	2005 \$
Income	217372	236958	253657	278140	362912	447224
Expenses	232130	237558	249091	261633	339061	442828
Operating Surplus	-14758	-600	4566	16507	23851	4396
LSL & RL Provision	5536	6314	0	1200	2300	6120
Loan – L & D Sharp	14000	0				
Loan CBA	20816	14218	4405	0		
Total Liabilities (Mostly July wages + on-costs, post '01)	51519	38768	11466	11798	12817	19245
Members' Equity	185546	192444	203038	216892	242015	249797



In conclusion.....

The Club has achieved a great deal in this last year across all aspects – thanks to the great support offered to the Committee by the staff, members and volunteers.

The next project the Club needs to prepare for is the **Grand Opening** of its newly completed extension stages (**July?**). In particular it would be nice to invite the Minister(s) and ACT officials as a measure of our thanks for their support, as well as to show what we have achieved.

I believe we have a wonderfully friendly and competitively keen Club, which can lead the way in ACT gymsports under the current climate of Club spirit, commitment and trust of members and staff.

Mary Hewett
29th October 2005

CCGC Parent Group Report

The parent's at the gym have had a very busy and productive year. Our main roles have included fundraising and cleaning the gym on a fortnightly basis.

We began with a tea/coffee snack stall at 2004 Reach for the Stars competition. Many thanks to Leslie Dickens for coordinating this fundraiser.

Other major fundraisers were focused on raising monies for gymnasts travel to National Clubs in Caloundra. Thankyou to Nadia Frankham and Terese Peel for organising a fun movie night at the gym; to Sharon Philp for coordinating another tea/coffee snack stall: this time at 2005 MAG National Clubs, AIS Arena; to Jane Donne, Mary and Brian Hewett and all who contributed to making the trivia night a fun and successful evening; and to Debbie Allan for coordinating the wine tasting night at the gym which I know was enjoyed by all! It was with great pleasure that we were able to contribute approximately \$400.00 to each gymnast's travel costs to Caloundra.

The ongoing weekly sausage sizzles have not only provided a service to those early birds on Saturday mornings, but have contributed to building a strong community spirit within the gym. It has been wonderful to see so many families assisting with the weekly bar-be-ques

As Parent representatives on the Canberra City Gymnastic Club committee, we have attended regular committee meetings. We have taken a parents perspective to the meetings and raised issues that are important to parents in the gym community. It has been an enjoyable year and we look forward to the exciting year ahead – with the major extensions to the club being the highlight.

Kerry Glover and Jane Donne.

CCGC- RAGE Gymnastics Parent Helpers Sub-Committee

2005 has been a very good year for RAGE gymnastics with gymnast numbers increasing, a very good group of committed and helpful coaches and last but not least an excellent and committed group of parent helpers. All of which has enabled a large group of children in Gungahlin and surrounds to enjoy regular gymnastic exercises and games with the emphasis on fun, flexibility and fitness.

Mary Schumacher replaced Kimiko Holder as RAGE Head Coach at the beginning of 2005 and did a great job getting so many things in order - administration, organisation of routines, cleaning up the storeroom etc. etc. - her contribution in the first two terms of 2005 was greatly appreciated up until the time when she reluctantly left the club, at least for the time being. It is just as well she had a good excuse (having a baby) because otherwise we wouldn't have let her go!

Since that time Kelly has taken over as Head Coach and continued in the same efficient friendly manner that we have experienced with other Head Coaches - the Parent Helpers would certainly be lost without a Head Coach to answer all those difficult questions and enquiries from parents, etc.

Male gymnastics coach Geoff has also recently started teaching at RAGE on Wednesday evenings - he is a welcome, energetic addition to the coaching group and is hoping to gradually build up the boys' gymnastics at RAGE along with Aaron, who has been coaching RAGE boys this year. Also many thanks to Tegan Urquhart who has been coaching at the club for quite a while now and continues to be one of our coaching stalwarts.

On the sub-committee itself we have very recently bid a reluctant farewell to long-time parent helper and former RAGE president Mike Nendick, who also luckily for him had a very good excuse (moving his family overseas so that he could accept a job in Europe working in Aviation Safety). We thank Mike and all of the other parents who help out every Wednesday evening and at other times to keep the club going.

We have also welcomed Jayne Lees and Sharon Baker onto the Parent Helpers Sub-Committee recently - currently we have about the right number of parent helpers and can keep our side of the administration etc. going, passing money and messages to the CCGC office and/or the Head Coach seems to work fine.

On the fee paying and enrolment side we seem to have the structure about right, most parents now pre-enrol and pre-pay for each new term with perhaps 3 or 4 families still paying casually by the week. Cross checking of rolls and payment records reveals that there are very few parents who don't pay their fees up front quite happily, and all pay up when reminded.

We thank the CCGC committee, administration and members for their continued support for RAGE. We look forward to continuing the partnership into 2006.

The RAGE Parent Helpers Sub-Committee

Tim Bourke

Bev Spierings

Gil Wallace

Natasha Baxter

Jayne Lees

Sharon Baker

CCGC TEAM Gymnastics Report

TEAM Gymnastics classes run on Mondays and Saturdays at Charnwood Primary school. The classes have enjoyed full attendance for beginners to level 3. The gymnasts are always keen to attend competitions and grading days and some of the level 3 boys and girls, both MAG national and WAG state have moved on to Canberra City as they became ready.

Charnwood Primary School, itself, is also very involved - with the whole school taking gym classes on Mondays from 9am to 3pm. This year, the school worked towards a great gymnastics musical: The Charnwood Circus. This was a great success - a fantastic crowd of about 400 seeing the show and many asking about gymnastics classes afterwards. Roll on 2006!!

Geoff Monro

Together Everybody Achieves More

ACT GYMNASTIC ASSOCIATION
ACT WAG Levels 5-10 GRADING
11th November 2004

Level: 5

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Madeleine Lowe CCGC	9.00	3	8.60	1	9.25	2	8.50		35.35	1
Siarah Oorloff CCGC	8.60		8.40	2	9.10		8.00		34.10	
Maddison Groom CCGC	8.90		7.40		8.70		7.70		32.70	
Jessica Donohue CCGC	6.00		7.00		8.60		7.30		28.90	
Georgia Hornby CCGC	6.20		7.30		8.00		6.70		28.20	

Coach: Miyoko Holder

Level: Pre-6

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Barbara Esquire CCGC	9.10	3	7.70		8.20		9.00	1	34.00	2
Alexandra Pilipovic CCGC	8.90		7.90	3	7.30		6.90		31.00	

Coach: Miyoko Holder

ACT GYMNASTIC ASSOCIATION
ACT WAG Levels 5-10 GRADING
11th November 2004

Level: 6

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Mischa Calnan CCGC	8.40		8.30	3	9.05	1	8.90	3	34.65	2
Mei-Ying Godfrey-Yeh CCGC	9.05	3	8.60	1	7.90		8.40		33.95	3
Candice Allen CCGC	8.70		8.50	2	8.00		8.40		33.60	
Sarah Nathan Truesdale CCGC	8.50		7.40		8.40	2	8.50		32.80	

Coach: Kimiko Holder

Level: 7

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Charlotte Churchill CCGC	9.10	2	8.50	3	8.30	3	8.70	1	34.60	2

Coach: Kimiko Holder

Level: 10

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Rosy Listings CCGC	8.75	2	9.20	2	9.25	3	8.45	3	35.65	2
Emma Carters CCGC	8.45	3	9.30	1	8.90		8.40	3	35.05	
Georgia Davis CCGC	8.00		8.70		9.30	2	8.05		34.05	

Coach: Natasha Schumacher

REACH FOR THE STARS 2004
December 6TH to 10TH
AIS Arena

WAG Levels 4 & 5

<p><u>CCGC Level 4 Team</u></p> <p>Emma Carroll Claudia Frankham Savana Gabrielli Gemma Kilby Annie Lafontaine Amanda Lee</p> <p>L4 Coaches</p>	<p style="text-align: center;"><u>Team</u></p> <p style="text-align: center;">9th Overall 5th Floor</p> <p style="text-align: center;">Brian Hewett, Jakki Woywitka Anthea Hewett, Qu Derui, Yun Fan</p>
<p><u>CCGC Level 5</u></p> <p>Kiera Hopkinson</p> <p>Emily Glover -</p> <p>Katrina Le Vanessa Schimizzi</p> <p>L5 Coaches</p>	<p style="text-align: center;"><u>Team</u></p> <p style="text-align: center;">6th Overall</p> <p style="text-align: center;">- BRONZE Uneven Bars</p> <p style="text-align: center;">Qu Derui, Yun Fan, Anthea Hewett Brian Hewett, Jakki Woywitka</p>

REACH FOR THE STARS 2004
December 6TH to 10TH
AIS Arena

MAG Levels 2, 3 & 4

<u>CCGC Level 2 Team</u> Matthew Pilbrow Ben Hardy Robert Watson	<u>Team</u> 5 th Overall
<u>CCGC Level 3</u> Harrison Hall Nathan Whytecross Isaac Dugdale Jonathon Clarke	<u>Team</u> 6 th Overall
<u>CCGC Level 4</u> Connor McMaster Michael Irvine Andre Jessop-Smith L2 to 4 Coach	<u>Team</u> 6 th Overall Geoff Monro

CCGC Christmas Cup 12 December 2004

WAG

WAG State Level	Name	Award
Junior Beginners	All Gymnasts received Christmas Cup Certificates	
Beginners	Elizabeth Lord	First
	Devon McGrath	Second
	Briony Lillington	Third
Pre Level One	Danika Bertoz	First
	Jessica Bowers	Second
	Emily Hardgreaves	Third
Pre Level Two	Alanah Christie	First
	Bonnie Zhang	Second
	Emily Lester	Third
Pre Level Three	Cassandra Gillard	First
	Marijana Kresic Theresa Cashore	Second
	Melissa Gesling Alesia McCabe	Third
Pre Level Four	Celia Cossetto	equal First
	Kirilly Forster	Second
	Diana Tulip	Third
Pre Level Five	Siobhan Moran	First
	Chloe Cantlon	Second
	Susie Cooke	Third

CCGC Christmas Cup 12 December 2004

WAG National Level	Name	Award
Development	Freya Brent	First
	Rebecca Bennet	Second
	Hannah Breynard	Third
National Pre One	Meng-Ze Ni	First
	Rebecca Gesling	Second
	Caitlin Cantrill	Third
National Pre Two	Lauren Harvey Willow Browning	First
	Alicia Gully	Second
	Niluka Karunasekara	Third
National Pre Three	Susanna Gabrielli	First
	Ariadne Herd-Lopez	Second
	Kiara Wenzel	Third
National Pre Four	Kimberly Percival	First
National Level 4	Claudia Frankham	First
	Amanda Lee	Second
	Savana Gabrielli	Third

CCGC Christmas Cup 12 December 2004

MAG

Level	Name	Award
State Level One	Brendon Housden	First
	Johnny Kenney	Second
	Damon Clarke	Third
State Level Two	Damian Muckle	First
	Dylan Grub	Second
	Greg Irvine	Third
State Level Three	Ben Drury	First
	Daniel Finn	Second

Level	Name	Award
Nation Level Two	Charlie Pocock	First
	Matthew Pilbrow	Second
	Robert Watson	Third
Nation Level Three	Harrison Hall	First
	Jonathan Clarke	Second
Nation Level Four	Michael Irvine	First

NSW Championship Trial #2 Competition - LEVEL 7 TO 10
12th – 13th March 2005

Level 10

Shana Keighran	1st Overall 36.000 2 nd Vault 2 nd Bars 1st Beam 2 nd Floor
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Level 9

Lauren Donne	4 th Overall 34.825 2 nd Vault 2 nd Bars 4 th Beam 6 th Floor
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Level 8

Phillipa Dickens L8 Junior	1st Overall 36.200 5 th Vault 1st Bars 2 nd Beam 3 rd Floor
Elise Wright L8 Senior	4 th Overall 34.112 10 th Vault 3 rd Bars 5 th Beam 6 th Floor
Laura Peel L8 Senior	6 th Overall 33.625 3 rd Vault 2 nd Bars 10 th Beam 8 th Floor

NSW Championship Trial #2 Competition - LEVEL 7 TO 10
12th – 13th March 2005

Level 7

Melissa Orr L7 Junior	4 th Overall 4 th Vault 6 th Bars 2 nd Beam	35.691
Sarah Wright L7 Junior	9 th Overall 8 th Bars 4 th Beam	35.175
Bethany Phil L7 Junior	12 th Overall 6 th Floor	34.233
Amy Brokenshire L7 Junior	22 nd Overall 13 th Bars	32.625

ACT CHAMPIONSHIPS - LEVEL 7 TO 10
April 9th and 10th 2005
AIS Gym Hall

Level 10

Shana Keighran	1st Vault 1st Bars 1st Beam 1st Floor 1st Overall	68.898
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Level 9

Lauren Donne	1st Vault 1st Bars 1st Beam 2nd Floor 1st Overall	68.513
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Level 8

Phillipa Dickens	2nd Vault 1st Bars 1st Beam 2nd Floor 1st Overall	71.965
Elise Wright	4th Vault 2nd Bars 2nd Beam 3rd Floor 2nd Overall	69.347
Laura Peel	4th Vault 3rd Bars 3rd Beam 4th Floor 3rd Overall	69.029

Coaches	Qu Derui Yun Fan
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Level 7

Melissa Orr	1st Vault 1st Bars 1st Beam 1st Floor 1st Overall 71.264
Bethany Philp	2nd Vault 3rd Bars 2nd Beam 3rd Floor 2nd Overall 69.398
Sarah Wright	4th Vault 2nd Bars 4th Beam 6th Floor 3rd Overall 67.847
Amy Brokenshire	3rd Vault 5th Bars 5th Beam 5th Floor 5th Overall 66.532
Coaches	Qu Derui Yun Fan

Awards

Anthea Hewett	2005 ACT Gymnast of the Year
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CCGC Gymnasts Qualified to Represent the ACT at 2005 Australian Championships 15th – 22nd May

Shana Keighran (ACT Team Captain)	Level 10
Lauren Donne	Level 9
Phillipa Dickens	Level 8
Elise Wright	Level 8
Laura Peel	Level 8
Melissa Orr	Level 7
Bethany Philp	Level 7
Sarah Wright	Level 7
Amy Brokenshire	Level 7

Appointments to ACT Team

ACT Head Coach	Qu Derui
ACT Coach	Yun Fan
ACT Judge	Mary Hewett
ACT WAG Team Mentor	Anthea Hewett

AUSTRALIAN CHAMPIONSHIPS – 15th to 22nd May

PLACINGS day1 / day2 / final AA =combined day1+day2

Shana Keighran – L10	Overall 8 th / 4 th / 6 th Vault 9 th / 5 th / 6 th Bars 7 th / 8 th / 6 th Beam 14 th / 6 th / 10 th Floor 9 th / 4 th / 6 th
Lauren Donne – L9	Overall 12 th / 12 th / 11 th Vault 24 th / 11 th / 19 th Bars 13 th / 15 th / 14 th Beam 9 th / 10 th / 8 th Floor 13 th / 9 th / 9 th
Phillipa Dickens – L8	Overall 3 rd / 3 rd / 2 nd Vault 13 th / 13 th / 14 th Bars 5 th / 3 rd / 4 th Beam 3 rd / 3 rd / 3 rd Floor 14 th / 5 th / 7 th
Elise Wright – L8	Overall 12 th / 18 th / 17 th Vault 34 th / 25 th / 25 th Bars 7 th / 9 th / 7 th Beam 13 th / 17 th / 12 th Floor 16 th / 10 th / 14 th
Laura Peel – L8	Overall 31 st / - / 31 st Vault 25 th / - / - Bars 16 th / - / - Beam 34 th / - / - Floor 33 rd / - / -
Coaches	Qu Derui Yun Fan

AUSTRALIAN CHAMPIONSHIPS – 15th to 22nd May

PLACINGS day1 / day2 / final AA=combined day1+day2

Melissa Orr – L7	Overall 7 th / 16 th / 11 th Vault 16 th / 19 th / 19 th Bars 4 th / 4 th / 4 th Beam 2 nd / 5 th / 4 th Floor 21 st / 23 rd / 23 rd
Sarah Wright – L7	Overall 13 th / 15 th / 15 th Vault 26 th / 21 st / 22 nd Bars 7 th / 5 th / 5 th Beam 8 th / 13 th / 9 th Floor 19 th / 18 th / 17 th
Bathany Philp – L7	Overall 25 th / - / 25 th Vault 26 th / - / - Bars 25 th / - / - Beam 22 nd / - / - Floor 22 nd / - / -
Amy Brokenshire – L7	Overall 26 th / - / 26 th Vault 24 th / - / - Bars 22 nd / - / - Beam 14 th / - / - Floor 37 th / - / -
Coaches	Qu Derui Yun Fan

Elise Wright	Runner - Up 2005 Wests Junior Sports Star
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MAG National Levels 2 to 5
ACT State Titles 19th May 2005

Charlie Pocock Level 2	3rd Overall 3rd Pommel Horse 2nd Rings 2 nd High Bar 53.600
Madison Kenna Level 3	4th Overall 4th Floor 50.200
Daniel Jordison Level 3	6th Overall 4th Parallel Bars 47.100
Alex Mueller Level 3	6th Overall 3rd Parallel Bars 47.100
Michael Irvine Level 4	5th Overall 4th Vault 50.400
Coach	Geoff Monro

ACT GYMNASTIC ASSOCIATION
Levels 5-10 GRADING
21st August 2005

Level: 5

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Jessica Lewis CCGC	8.8		7.20		7.85		7.10		30.95	
Susie Cooke CCGC	8.35		7.80		7.00		8.35		31.50	
Samantha Southwell CCGC	8.95	6	7.25		8.45	2	9.00	1	33.65	2
Madison Groom CCGC	8.35		7.05		6.6		7.40		29.40	
Arcadia Salmon Krone CCGC	9.00	4	7.10		8.2	4	8.50		32.80	
Chloe Cantlon CCGC	8.70		8.10	6	8.1	5	8.70	4	33.60	3
Alana Dore CCGC	8.20		6.50		7.40		7.75		29.85	
Courtney Streeter CCGC	8.30		7.60		7.25		7.85		31.00	

Coach: Kelly Young

Level: 6

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Alexandra Pilipovic CCGC	9.30	3	8.90	2	8.15	3	8.50	3	34.85	3
Barbara Pramirez Esquinel CCGC	8.90		8.05	5	7.80	4	8.90		33.65	5

Coach: Kimiko Holder

Level: 7

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Mischa Calnan CCGC	8.40	3	8.30	3	8.35	4	8.60	5	33.65	3
Sarah Nathan Truesdale CCGC	7.85		7.40		7.55		7.80		30.60	
Rachel Woods CCGC	7.95	3	8.10	1	8.10	5	8.65	4	32.80	5

Coach: Kimiko Holder

Level: 8

Name	Vault	Place	Bars	Place	Beam	Place	Floor	Place	Total	Place
Charlotte Churchill CCGC	8.35	1	9.15	1	8.40	1	8.45	1	34.65	1

Coach: Kimiko Holder

ACT State Grading and Championships 28th August 2005

National Levels 1, 2 & 3 – Highest Award & Overall

Alanah Christie	Level 1	Gold	36.925 1 st AA
Meng-Zi Ni	Level 1	Gold	36.60
Rebecca Gesling	Level 1	Gold	36.60
Erin Teakle	Level 1	Gold	36.075
Sally Franklin	Level 1	Gold	36.050
Caitlin Cantrill	Level 1	Gold	35.30
Coach	Natasha Schumacher		
Lauren Harvey	Level 2	Gold	34.684
Willow Browning	Level 2	Gold	34.591
Niluka Karunasekara	Level 2	Gold	33.884
Irena Reedy	Level 2	Gold	33.850
Vanessa Lavis	Level 2	Gold	32.809
Ayeisha Oorloff	Level 2	Gold	32.734
Samantha Holland	Level 2	Gold	32.508
Coach	Connor Carson		
Susanna Gabrielli	Level 3	Gold	33.384 3 rd AA
Kiara Wenzel	Level 3	Gold	32.775
Bianca Wardell	Level 3	Blue	32.325
Ariadne Herd Lopez	Level 3	Blue	31.975
Coaches	Ludmila Kostenko Brian Hewett		

Apparatus Awards	
8.50 +	Gold
8.00 – 8.45	Blue
7.50 – 7.95	Red
0.00 – 7.45	Green

Overall Awards	
33.00 +	Gold
32.00 – 32.95	Blue
31.00 – 31.95	Red
30.95 +	Green

National Levels 4 to 6
State Championships 28th August 2005

Level 4

Candice Allan	1st Overall 1 st Vault 2 nd Bars 1 st Floor
Claudia Frankham	3 rd Overall 2 nd Beam 3 rd Floor
Amanda Lee	8 th Overall 4 th Floor
Savana Gabrielli	10 th Overall 5 th Vault
Kimberly Percival	13 th Overall 8 th Floor
Gemma Kilby	20 th Overall 3 rd Bars UB & BB Only
Coaches	Ludmila Kostenko Brian Hewett

National Levels 4 to 6
State Championships 20th June 2004

Level 5

Emily Glover	1st Overall 1 st Vault 1 st Bars 3 rd Beam
Katrina Le	2 nd Overall 2 nd Bars 2 nd Beam 1 st Floor
Vanessa Shimizzi	4 th Overall 3 rd Vault 3 rd Bars
Keira Hopkinson	6 th Overall 1 st Beam
Coaches Assistant Coach -	Qu Derui Yun Fan Ludmila Kostenko Brian Hewett - Natasha Schumacher

Canberra City Gymnastic Club
Level 4 to 6 State Champion Team

ACT Levels GRADING COMPETITIONS

11TH September 2005

WAG

Level: One

Name	Total
Beth Downing	Red
Chloe Bell	Gold
Freya Brent	Gold
Michaela McGrath	Gold
Millie Browning	Blue
Rebecca Bennett	Gold
Rebekah Outteridge	Gold
Shani Edwards	Gold
Amber Maurer	Blue
Chloe Stanley	Red
Isabella Hills	Blue
Megan Kilby	Blue
Melissa Hankinson	Red
Millie Corin	Gold
Polina Read	Blue
Rachelle Grimmett	Gold
Annelise Thomas	Red
Belinda Groves	Green
Brooke Hatton	Green
Courtney Oakley	Gold
Isobel Hampshaw	Gold
Jessica Bowers	Gold
Julia Angove	Gold
Laura Scheetz	Blue

Level: Two

Name	Total
Amy Hatton	Blue
Charlotte Braddock	Red
Claire Williams	Blue
Kyra Ueckert-Smith	Red
Laney Vleeskens	Red
Rhiannon Jackson	Red
Tanisha Chinanai	Green
Amelia Green	Blue
Brianna Warden	Green
Bridget Hogan	Blue
Eleanor Bartley	Red
Jennifer Akauola	Green
Madeline Trinder	Red
Sian Reardon	Red
Zoe Behrens	Blue

Level: Three

Name	Total
Cassandra Gillard	Blue
Elysia Muirhead	Gold
Jemma Wheeler	Gold
Kate Gerathy	Red
Laura Jennings	Red
Melissa Gesling	Blue
Nina Davis	Red
Stevie Walden	Red
Whitney Buecher	Red
Caitlin Dahl	Red
Elina Akauola	Blue
Erica Scott	Blue
Lauren Bruce	Green
Michaela Kitchingman	Blue
Rachel Hourigan	Blue
Rhiannon Collins	Blue

Level: Four

Name	Total
Desiree Klein	Gold
Diana Tulip	Blue
Heather Mitchell	Green
Karina Outteridge	Blue
Kirilly Forster	Gold
Nadine Moore	Blue
Naomi Kwong	Blue
Stephanie Outteridge	Red

Score	Colour
36	Gold
35	Blue
34	Red
33	Green

ACT Levels GRADING COMPETITIONS 11TH September 2005

MAG

Level: One

Name	Total
Caleb Biffanti	Red
Mikhail Bower	Blue
Nick Pibrow	Green

Level: Two

Name	Total
Ash Stacey	Green
Derry Hyde	Green
Dylan Grubb	Green
Dylan Nesbitt	Green
Gregory Irvine	Green
Kelepi Baba	Green
Timothy Booth	Green

Level: Three

Name	Total
Austin Willis-Reynolds	Gold
Ben Drury	Red
Matthew Pilbrow	Green
Nick Jachno	Blue

Level: Four

Name	Total
Alex Mueller	Blue
Charlie Pocock	Blue
Jonathon Clarke	Green
Max Maloney	Red

Score	Colour
36	Gold
35	Blue
34	Red
33	Green

NATIONAL CLUBS CHAMPIONSHIPS
WAG Level 4 to 6
21st to 25th September 2005, Caloundra QLD

<p>CCGC Level 4 Team</p> <p>Candice Allan Claudia Frankham Gemma Kilby Amanda Lee Savana Gabrielli Kimberly Percival</p>	<p align="center">Team Day 1 / Day 2 / Combined</p> <p>Vault: 20th / 15th / 17th Bars: 10th / 8th / 8th Beam: 14th / 18th / 18th Floor: 5th / 2nd / 3rd</p> <p align="center">AA: 12th / 12th / 11th</p> <p align="right">56 Teams 240 gymnasts</p>
<p>CCGC Level 4 Individual Candice Allan</p>	<p align="center">Floor: 3rd Day 2</p>
<p>CCGC Level 5 Team</p> <p>Emily Glover Katrina Le Emma Carroll Keira Hopkinson Vanessa Schi mizzi</p>	<p align="center">Team Day 1 / Day 2 / Combined</p> <p>Vault: 3rd / 5th / 4th Bars: 4th / 4th / 4th Beam: 14th / 7th / 8th Floor: 5th / 13th / 9th</p> <p align="center">AA: 6th / 5th / 5th</p> <p align="right">33 Teams 135 gymnasts</p>
<p>CCGC Level 5 Individual Emily Glover</p>	<p align="center">Vault: 4th Bars: 2nd Day 2 AA: 4th</p>
<p align="center">Coaches</p>	<p align="center">Qu Derui & Yun Fan, Ludmila Kostenko, Brian Hewett</p>
<p align="center">Judges</p>	<p align="center">Connor Carson, Mary Hewett</p>

AWARDS

Level 4 Team: Bronze Trophy - Floor
Level 5 Team: 4th Place Banners - Vault & Bars
5th Place Banner - Overall

Level 4 to 6 Club Championships: 7th Overall!!!!!!

CLUB AWARD

Emily Glover - Level 5
Travel Scholarship
Scoring over 37 points in National Competition