



2010 Women's Gymnastics Coaches/Judges Updating Workshop

WHEN: Sunday 31st January

Time: 9:00am – 3:30pm

Venue: Canberra City Gymnastics Club
Cnr College and Chandler Sts Belconnen

Cost: There is no cost to GACT members or participants

Closing

Date: **Wednesday 27th January**
(Please return application form to your club)

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Details: Sessions cover sections of National Program for the 2009 to 2012 cycle.

9:00am – 12:30pm

- National 1 – 3 Requirements and Routines

1:00pm – 3.30pm

- National 4 – 6 Requirements and Routines

(Updating points will be awarded for this workshop)

ACT GYMNASTICS
COACHING CONGRESS – January 2010

APPLICATION FORM

Name..... Phone no.....

Address.....

Club..... D.O.B.....

Email:.....

Please indicate with a ✓ the workshop session(s) you will be attending

- 9:00am – 12:30pm**
 - National 1 – 3 Requirements and Routines

- 1:00pm – 3.30pm**
 - National 4 – 6 Requirements and Routines

The application form must be returned to Your Club by Wednesday 27th January