



Gymnastics  
Australian Capital Territory

# MG & WG Level 1 Coaching Course

**Beginning Coaching General Principles – see page 2**

**DATE:** **Sunday 15<sup>th</sup> February 2009**  
MG Sport Specific  
WG Sport Specific

**VENUE:** Southern Canberra Gymnastic Club Inc  
Gartside Street Erindale

**TIME:** 8.30am – 6.00 pm

**COST:** Course fee: \$125.00 (Payable with application form)  
  
Technical  
membership: \$133.25 18yrs +(Payable after completion of assignment)  
\$ 84.35 Junior

**MINIMUM** Participants must be a minimum of 16 years of age, or within three months of  
**AGE:** turning 16.



**CLOSING DATE FOR APPLICATIONS: Monday 9<sup>th</sup> February**



**(No late entries will be accepted)**

Application form and course fee to be returned to:

**ACT GYMNASTICS**  
**Sports House**  
**100 Maitland Street**  
**Hackett ACT 2602**

**ACT GYMNASTICS**  
**2009 LEVEL 1 COACHING COURSE**

**APPLICATION FORM**

Name..... Phone no.....

Address.....

Club..... D.O.B.....

Email:.....

Course:      **MG Sport Specific.....**

**WG Sport Specific.....**

**(please indicate the course you will be participating in by placing a ✓ in the above section)**

**General Principals:** The **Beginning Coaching General Principles** component is now done on line and must be completed prior to the sport specific section being held on Sunday 15<sup>th</sup> February.

Please follow the link below to register and complete the online course.

Beginning Coaching General Principles

<https://learning.ausport.gov.au>

On completion of the Beginning Coaching General Principles online course a copy of your certificate must be sent to the Gymnastic ACT office.

Email: [admin@actga.net](mailto:admin@actga.net)

Post: Sports House 100 Maitland Street Hackett ACT 2602

**Please note:            There is no cost associated with the online course,**