

CCGC KINDERGYM TERM 4 NEWSLETTER

Welcome to another exciting term of gymnastics at Canberra City Gymnastics Club. We have started the term with lots of full classes and some new faces, which is great to see. We are really impressed with the progress that all the children we have been coaching through the year have made. Their skills and confidence are growing every week. This gymnastics term is a 9 week term. We finish a week early because of the Christmas season. The themes for the term are, we hope you enjoy them.

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| • WEEK 1 & 2 | CIRCLES |
| • WEEK 3 & 4 | DINOSAURS |
| • WEEK 5 & 6 | FOOD GLORIOUS FOOD |
| • WEEK 7 & 8 | FUN AT THE BEACH |
| • WEEK 9 | CHRISTMAS |

As a courtesy to your coaches, during warm up, could the supervising adults please try and keep their conversations to a minimum. It is very difficult to speak over everyone and the children get distracted by the noise. Thank You ☺

GENERAL HOUSEKEEPING: FOR SAFETY AND THE COMFORT OF OTHERS

- All siblings under the age of 2 that are mobile and on the equipment must have their \$30 insurance paid. If a sibling is over the age of 2 and actively participating in the class then full fees must be paid.
- Parents/Care Givers are not allowed to use the gym equipment. This includes the trampoline. If you would like to try gymnastics there is an adult's class on Thursday nights 8pm till 9:30pm. All Levels are welcome.
- No food or drinks on the floor.
- Children with long hair must have all their hair tied back, (this includes boys.)
- **Mobile Phones must NOT be used during class times unless for emergencies.** We had many children accessing equipment while their supervising adults were occupied on the phone. This puts your child and other children's safety at risk.
- If your child is sick they are entitled to have a make-up lesson within the current term. As a courtesy to your coaches and others, please do not bring sick children to the gym. Sick school age children must also not be on the floor, they can sit up on the viewing platform.

☺PLEASE FEEL FREE TO HAVE A CHAT WITH YOUR CHILDS COACH THROUGHOUT THE TERM ABOUT THEIR PROGRESS. FEEDBACK FOR THE COACHING STAFF IS ALWAYS WELCOMED ☺

*****HAVE A KINDERGYMRIFIC TERM*****