



Telephone: 61 2 62511131

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**October Holiday WAG Squad
Training & National Clubs**

Cnr College & Chandler Sts
Belconnen ACT 2617 Australia

Dear Parents and gymnasts,

Training during the October school holidays will be as follows:

Squads 1 & 2 Derui, Yun

Monday 29 th	Tuesday 30 th	Wed 1 st	Thurs 2 nd	Friday 3 rd	Saturday 4 th
3-7pm	12-4pm	3-7pm	12-4pm	3-7pm	12-4pm
Monday 6 th	Tuesday 7 th	Wed 8 th	Thurs 9 th	Friday 10 th	Saturday 11 th
3-7pm	12-4pm	3-7pm	12-4pm	3-7pm	12-4pm

Squads 3 & 4 Sasha; Luda

Mondays	Tuesdays	Weds	Thurs	Fridays	Saturdays	Sunday 12 th
8-12am	8-12am	8-12am	8-12am	8-12am	Off	Syd Comp L4-6

Squad 5 Brian; Joy

Monday 29 th	Tuesday 30 th	Wed 1 st	Thurs 2 nd	Friday 3 rd	Saturday 4 th	
Off	9am-1pm	9am-1pm	9am-1pm	9am-1pm	Off	
Monday 6 th	Tuesday 7 th	Wed 8 th	Thurs 9 th	Friday 10 th	Saturday 11 th	Sunday 12 th
9am-1pm	9am-1pm	Off	9am-1pm	9am-1pm	Off	Syd Comp L4-6

GCA Cup

There have been a number of requests by families to travel to the NSW L4-6 competition separately. Club policy is to encourage team travel as a Club/team building opportunity with everyone experiencing the same trials & tribulations – particularly in the years that National Clubs is not held interstate. However, we do not wish to enforce this opportunity and would rather hire a smaller bus for those that wish to travel as a group. Please advise your preference below..... Thank you. Office & Coaches

✂.....

Reply: GCA Cup North Sydney competition

Gymnast Name: -----

Yes. Gymnast will travel with the group.

No. Gymnast will travel separately.

National Clubs Championships

Please read the bulletin attached for your information.

Please note that there will be a

- ✓ L4 & L5 performance test on Saturday 8th November
- ✓ L6 to 10 performance test on Saturday 15th November

Organisational Assistance

Our Club is one of the three Clubs organising this event in conjunction with the ACT Gymnastic Association. We would very much appreciate your volunteer assistance in a number of ways: setting up, setting down, score table, door duty, etc. Opportunities will be offered closer to the event. As an organising team member each Club is granted a share of any profit from this competition.

National Clubs Championships

WAG Levels 4 to 10

AIS Arena, 22nd to 29th November 2008

Bulletin

Competition Information

This event now combines all team results towards a Club's Level 4-10 National Club Championship points.

Levels 4-6 teams consist of **five** gymnasts with five to compete and **three** scores to count.

ONE only Level 4 team is permitted per Club.

Levels 7-10 teams consist of **four** members with 3 scores to count.

Gymnasts are permitted to compete in a level higher than their substantive level (to assist Clubs to enter teams and as many gymnasts as possible....) without jeopardising a return to their qualified level.

In Levels 4 & 5, the top 16 teams from the 1st round qualify for finals. In Level 6 -10 **all** gymnasts competing in the 1st round qualify for the 2nd round. (The 3 highest scores in the team, per apparatus, count towards the team total.)

CCGC gymnast numbers have been provisionally submitted. Team/Gymnast entries will need to be confirmed 21st October and the Club will use coaches' advice, interstate comps (L4-6) and in-club training to assist in putting together CCGC teams (L4, L5, L6, L7, L8 & L10).

Competition Entry is \$77 per gymnast and will be required closer to the competition.

It is assumed that all gymnasts in the competition stream intend to try for a team spot. Please return the slip below as soon as you can.

Essential Items

*Club Uniform: tracksuit, polo shirt, shorts (provided by Parents' Fundraising Group), backpack.

*Training Leotards L6-10 (Aqua & Black, Pink & Black).

*Club Team Competition Leotard:

Aqua sparkle velour, white yolk for Levels 4 – 6.

Black velour with white mesh, aqua trim: Level 7 & 8.

High Performance leotard: L9/10 or L10 leotard depending on competitors.

Thank you ☺

Mary Hewett 23rd September 2008

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Reply: 2008 WAG National Clubs, AIS Arena

Gymnast Name: -----

Please return

Yes. Gymnast is intending to trial for National Clubs Championships.

No. Gymnast is not able to trial for National Clubs Championships.

Comments:

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