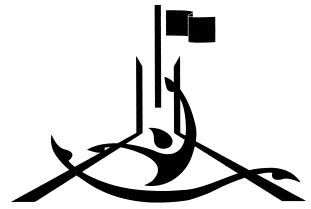


# Coaches Meeting & Workshop



CANBERRA CITY  
GYMNASTICS

**TERM 3**

**Date:** Friday 18<sup>th</sup> July 2008

**Topic:** Introducing the new and exciting resource from Gymnastics Australia – GymMix.

This new resource has a large variety of fun activities for any gymnast in the State Levels Program.

**Time:** 4.00 – 4.30pm (Staff Meeting)  
4.30 – 5.30pm (Workshop)

**Where:** CCGC