



Canberra City Gymnastics Club Inc.

Active Australia Provider

CLUB 10 member

WESTS Affiliate

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Squads 4 ***Training Term 4 2007***

Cnr College & Chandler Sts
Belconnen ACT 2617 Australia

Dear Parents and Gymnasts,

Sasha and Ludmila have asked that Squad 4 increase their training hours to 4 days as of term 4 2007. Gymnasts in this group are Level 4s looking to add bonus skills to their routines and new (pre-) Level 4 gymnasts who the coaches believe will benefit greatly from extra conditioning and strength training as well as having time for new skills development.

Training in Term 4 will now be Monday, Tuesday, Thursday and Friday: 4-8pm.

The Club appreciates that this is a substantial commitment, time, financial and other, for gymnasts and families. Note that new fees will not come into effect until the next quarter (November 1st to end of February).

Please do not hesitate to discuss with coaches or myself any concerns regarding the increase in training or any other issue.

Mary for Sasha and Luda